



## May 2022 NEWSLETTER

Administrator/Deputy Fire Chief

Laura Antoine

Public Works/Fire Chief

Ron Aljam

Social Services

Diana Norgaard

Social Services Clerk

Velma Collins

Indian Register Administrator

Finance Coordinator

Barclay Smith

Finance

Julia Dick

Finance Clerk

Vivian Stienhauer

Housing Coordinator/Taxation

Donald Kraus

Lands, Wills and Estates

Kristopher Oppenheim

Economic Development Coordinator

Harold Aljam

Education Coordinator

Jessie Aljam

Executive Assistant

Dale August

Receptionist

Connie Bob

Adult in Home Care

Jenna Andrew



**Coldwater Band Office**

2249 Quilchena Avenue, Merritt BC

Phone: (250)-378-6174

Fax: (250) 378-5351

**Toll Free: 1-877-378-6174**

**Coldwater Administration Office**

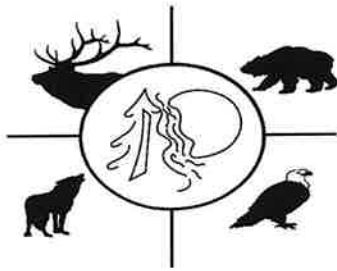
#301-230<sup>th</sup> Street Coldwater Reserve

Phone: (250) -378-6174

Fax: (250)-378-6153

**MISSION STATEMENT**

To enhance and sustain our quality of life through wellness and culture and to utilize and preserve all our resources for now and future generations.



# Coldwater Indian Band

PO Box 4600, Merritt, B.C., V1K 1B8

2249 Quilchena Avenue, Merritt, BC

Phone: (250) 378-6174

Fax: (250) 378-5351

Band Administrator, Public Works, Lands Wills &  
Estates, Housing, Economic Development

#301-230th Street Coldwater Reserve

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Fax: (250) 378-6153

Chief and Council (Executive Assistant), Finance, Social  
Development, Education

May 9, 2022

## “Bear Alert”

A black Bear was  
around our Community  
Sunday May 8, 2022  
Please keep your food  
waste out of the  
Garbage Bins

Thank you  
Coldwater Indian Band

### MISSION STATEMENT

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## TELUS PureFibre Network on Coldwater

**Please join us to share a meal at the Coldwater Band Hall  
Tuesday, May 24th 4:00 pm - 7:00 pm**

With funding provided by TELUS and the provincial government's Connecting BC Economic Recovery Fund TELUS worked closely with Coldwater Leadership and Administration to connect **Coldwater 1** to the TELUS PureFibre network. With funding from TELUS, the provincial government's Connecting BC Economic Recovery Fund and the Government of Canada's Universal Broadband Fund, we also collaborated to bring PureFibre to **Paul's Basin 2**.

The build is almost complete, and in collaboration with Coldwater, we would like to invite you to join us to celebrate the new network! We are excited to share information on the products and services, including high-speed internet and Optik TV, and assist in signing you up for new services!

### Community Dinner & Chat

Come out to share a meal, learn more about the PureFibre network, and sign up for amazing services!

**Location:** Coldwater Band Hall

**Date:** Tuesday, May 24th

**Time:** 4:00 pm - 7:00 pm

### What is PureFibre?

**TELUS PureFibre** is a revolutionary new internet technology powered by flexible strands of transparent glass no thicker than human hair. Powered by the fastest and most reliable internet technology, PureFibre enables quality video calls, buffer-free streaming, the ultimate lag-free gaming experience, and web surfing at blazing speeds.

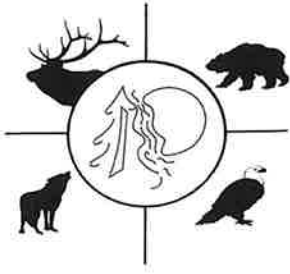
- TELUS PureFibre provides access to internet services of up to 1.5 Gbps down and 940 Mbps up, TELUS Optik TV®, TELUS MyCare, TELUS SmartHome Security services and TELUS Secure Business.
- If you decide you would like to sign up for services, **please bring** two pieces of ID to the event where we can set up an account and process an order/appointment. ID must include at least one primary ID and status card for tax exemption (Primary ID: BC Drivers License, BC Services Card, Social Insurance Card).

Questions for your Administration  
Kristopher Oppenheim

250-378-6174 or [kristopher@coldwaterband.org](mailto:kristopher@coldwaterband.org)

Questions for TELUS  
Anne Zhong

236-982-6272 or [anne.zhong@telus.com](mailto:anne.zhong@telus.com)



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Chief and Council (Executive Assistant), Finance, Social  
Development

May 3, 2022

Band Member Dog Incident

To Whom It May Concern

It has been brought to the Chief and Council's attention **MANY TIMES** of a dog that is at large on a continuous basis and attacking other dogs on the reserve.

There is concern for the safety of any children that may be outside.

## **Under the Bylaw No 01-2012**

Dangerous dog means;

- a. **a dog that has attacked, bitten or caused injury to a person or has demonstrated a propensity, tendency or disposition to do so;**
- b. **a dog that, while running at large, has attacked, bitten, killed or caused injury to a domestic animal**
- c. **a dog that, while running at large, has aggressively pursued or harassed a person;**
- d. **a dog that, while running at large, has aggressively pursued or harassed a domestic animal;**
- e. a dog with a known propensity to attack or injure a person without provocation or to otherwise threaten the safety of human beings or domestic animals;
- f. a dog that has been deemed dangerous, vicious or similar under a law or bylaw of any other first nation, municipality or regional district of the Province of British Columbia.

## **At Large**

4.1 The owner of a dog or animal must not allow or permit the dog or animal to be at large on Coldwater Indian Band Lands.

## **Dangerous Dog**

**6.12 Every owner of a dangerous dog must at all times keep the dogs;**

- a. **securely confined indoors such that the dog cannot escape;**
- b. **humanely in an enclosed pen or other enclosure which prevents the entry of young children and prevents the dog from escaping, and;**
- c. on a leash and muzzled and under the immediate control of its competent person while in a public place, or any other place that is not owned or controlled by that person to prevent the dog from biting another animal or person

## MISSION STATEMENT

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## **Dog Control Bylaw**

**4.4 Any dog that has previously bitten any other animal or human shall be deemed a threat to society and as such be subject to be:**

- a. **temporarily muzzled;**
- b. **securely confined either indoors or in an enclosed pen capable of preventing the entry of young children;**
- c. **removed from Reserve controlled boundaries; or**
- d.  **euthanized.**

If you are witness to a dog at large being vicious please contact:

- **The local RCMP at (250) 378-4262 OR 911 for emergency**
- Thompson-Nicola Regional District Canine Dog Control – 1 – 877-379-2821
- The Marvelous Mutts Rescue and Rehoming - Merritt, BC – (250) 315-3623
- BC SPCA Kamloops Community Animal Centre – (250) 376-7722 12:00 p.m. – 4:00 p.m. If after hours Cruelty Report and Wildlife Support Line (Toll free): 1-855-622-7722 *This is from their website*

**Reminder that if pet owners want their pets spade/neutered they do get a reimbursement from the Housing Coordinator. His department provides a reimbursement of 50%. Just bring him your receipt.**

*See you soon - goodbye: Húm'eł (pronounce: hom ath),*

Coldwater Indian Band Chief & Council

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# Virtual General Band Meeting Notice

**Band Hall attendance limited to: 6 people who are not able to attend via zoom or telephone.**

May 19, 2022 at 7:00 p.m.

## Agenda

1. Drinking Water Class Action Settlement
2. Telus PureFibre
3. Special Community Meetings
  - a. October 14, 2021
  - b. October 28, 2021
- 4. Waddell Phillips Class Action Opt-in**
5. Chief and Council Updates
  - a. Jackie Aljam
  - b. Shawn Bob
  - c. Veronica Jameson
  - d. Cheryl Rule-Bob - Regrets
  - e. Carol Smith
  - f. Michael Smithers
  - g. Harry Spahan
  - h. Chief T. Lee Spahan
6. Additions (membership must be in attendance to add items)
  - a.

We are still following COVID Protocols. More than 3 people, you are required to wear masks. Sanitize after yourselves and if you are not feeling well to stay home.

Time permitting, all emailed out in advance

General Band Meeting  
• March 17, 2022

This zoom invite is a reoccurring one to happen every 3<sup>rd</sup> Thursday of the month for all Virtual General Band Meeting attendees.

If you know of anyone that wants to be added to the list, they can email me at [daugust@coldwaterband.org](mailto:daugust@coldwaterband.org) and I will add them to the invite list.

Thank you very much.

I have already forwarded the required documents for this meeting and will do so for every meeting.

Coldwater Indian Band is inviting you to a scheduled Zoom meeting.

Join Zoom Meeting

<https://us02web.zoom.us/j/89189707948?pwd=WC9rbVBVaExaU2E2bndiNlB4NjRYUT09>

Meeting ID: 891 8970 7948

Passcode: 825198

One tap mobile

+15873281099,,89189707948#,,,,\*825198# Canada

+16473744685,,89189707948#,,,,\*825198# Canada

Dial by your location

+1 587 328 1099 Canada

+1 647 374 4685 Canada

+1 647 558 0588 Canada

+1 778 907 2071 Canada

+1 204 272 7920 Canada

+1 438 809 7799 Canada

+1 312 626 6799 US (Chicago)

+1 346 248 7799 US (Houston)

+1 669 900 6833 US (San Jose)

+1 929 205 6099 US (New York)

+1 253 215 8782 US (Tacoma)

+1 301 715 8592 US (Washington DC)

Meeting ID: 891 8970 7948

Passcode: 825198

Find your local number: <https://us02web.zoom.us/j/89189707948?pwd=WC9rbVBVaExaU2E2bndiNlB4NjRYUT09>



Interior Health



# DRUG ALERT

## Interior Health - Merritt

**Benzodiazepines and high level of fentanyl found in a sample tested in Merritt**



**START LOW  
+  
GO SLOW!**

Looks Like:	Light, yellow, chalky substance
Sold as:	Down, fentanyl
Contains:	Fentanyl (25-30%) and Benzodiazepines
Risk:	High risk of overdose, High risk of fatal overdose Long periods of sleep and drowsiness likely
In effect until:	May 12th 2022

**No matter what or how you use (smoking, snorting, injecting) take steps to prevent overdose:**

- Get your drugs checked – find locations at [drugchecking.ca](http://drugchecking.ca)
- Be aware of increased risk if mixing with other drugs, including alcohol
- Use with others around or at an Overdose Prevention Site (OPS)
- Start with a small amount and space out your doses
- Carry naloxone and know how use it
- Get the LifeGuard App - [lifeguarddh.com](http://lifeguarddh.com)
- Call 211 or visit [bc211.ca](http://bc211.ca) to find services near you





First Nations Health Authority  
Health through wellness

# Not Just Naloxone Workshop: Coldwater Indian Band

**Not Just Naloxone (NJN) is a workshop hosted by the First Nations Health Authority. This training was developed in response to the toxic drug crisis in BC, which continues to disproportionately impact Indigenous people.**

While Naloxone is an effective life-saving medicine to reverse an overdose, it is not our only response. The NJN workshops teach participants to facilitate community-based discussions about:

- > Racism and prohibition in Canada
- > Decolonizing substance use
- > Indigenous harm reduction practices
- > Trauma- and resiliency-informed practice
- > Anti-stigma work
- > Naloxone training (nasal/injection)



## TRAINING DATE:

June 8 & 9, 2022 | 9:00 A.M.–3:30 P.M.

## LOCATION:

Coldwater Band Hall  
Merritt, BC



## TO REGISTER:

Email: [interior\\_harm\\_reduction@fnha.ca](mailto:interior_harm_reduction@fnha.ca)

\*Note: Drop ins are welcome



# Emergency Prep & Grab-and-Go Bag Workshops

Learn about forest fire prevention, emergency planning for families and how to make a full emergency kit!

Prepare an emergency Grab-and-Go Bag in case of floods, forest fires, or other emergencies! One bag provided per household. This is a backpack to be quickly grabbed if there is no time to bring a full emergency kit

We supply each household with starter Grab-and-Go Bag items such as water, cell phone charger and power bank, first aid kit, granola bars, flashlight, emergency blanket.

**PRE-  
REGISTRATION  
REQUIRED!!**

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**CONTACT ROSE AT  
378-9745 TO BE  
REGISTERED**

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**SHACKAN:  
JUNE 13TH AT THE  
BAND HALL  
5PM-7PM**

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**COLDWATER:  
JUNE 14TH AT THE  
BAND HALL  
1PM-3PM**

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**NOOAITCH:  
JUNE 16 AT THE  
BAND HALL  
1PM-3PM**

## Preventing the spread of Avian Influenza through movement restrictions

The Ministry of Agriculture and Food (the Ministry) would like to provide the following resources for bird owners regarding restrictions to bird movement put in place to prevent the spread of Avian Influenza (AI). AI has been detected in B.C., as well as other provinces in Canada and the United States.

### Commingling of birds restricted

The Ministry has released a General Order for Avian Influenza as per the *Animal Health Act* (AHA), restricting the commingling of birds during events that include poultry swaps, auctions, flea markets, bird shows, fairs, public displays, or competitions where birds from multiple sources would be present. The order can be found here: [General Orders](#)

This order applies province-wide to all backyard, small flock, and commercial bird producers. Bird types included in the order are: chicken, turkeys, doves, ducks, geese, guinea fowl, peafowl, pheasants, pigeons, quails, and ratites. Protecting people and birds from avian influenza requires the cooperation and effort of everyone.

### Is your flock in a Primary Control Zone (PCZ)?

A PCZ is an area where the disease has been identified. The Federal Minister of Agriculture and Agri-Food has declared a primary control zone in BC to prevent the spread of AI. Avian Influenza Zone Maps are [available here](#).

### If your flock is in a PCZ, you will need a permit to move your birds, their products, and by-products.

All transporters of birds, their products, and by-products cannot be moved into, out of, within, or through the PCZ without a valid permit. *The restrictions in a PCZ apply to small flocks as well.*

Small flock owners should be aware of the following requirements:

- For small holdings, including birds of any age, it is **prohibited** to move live birds into and out of the PCZs, including both infected zone and restricted zone.
- Small flock ungraded eggs (farm gate sales) require a **specific permit**.
- A **general permit** is required to move feed into a Primary Control Zone.

For more information on movement control and permitting please visit [CFIA's Avian influenza - permits and conditions webpage](#) or call the BC Ministry of Agriculture and Food Avian Influenza hotline at **604-855-8255**. The support line is available every day from 8:30am to 4:30pm (PDT).

If a flock is suffering from any unexplained clinical signs or increased mortality, bird owners should contact a professional for help and sampling. **Do not take sick birds off the property.** Some or all of the following clinical signs are evident in infected birds:

- a drop in production of eggs, many of which are soft-shelled or shell-less
- diarrhea
- haemorrhages on the hock
- high and sudden mortality rate
- quietness and extreme depression
- swelling of the skin under the eyes
- wattles and combs become swollen and congested

#### **If you suspect your birds have Avian Influenza**

To receive assistance or to report any unexplained poultry illness or mortality contact:

- your private veterinarian, OR
- call the nearest Canada Food Inspection Agency Office, find the number here:  
<https://inspection.canada.ca/about-cfia/contact-a-cfia-office-by-telephone/eng/1313255382836/1313256130232>

Bird owners are legally responsible to notify authorities of serious bird diseases such as bird flu.

#### **If you spot a sick or dead wild bird**

In B.C., the Wild Bird Mortality Investigation Program hotline, **1-866-431-2473**, enables members of the public to report sightings of dead wild birds. If the report is assessed to require further investigation a biologist may retrieve the carcass for further testing.

For non-influenza and general flock health enquiries, bird owners can contact the B.C. Ministry of Agriculture and Food, Animal Health Centre at **1-800-661-9903**.

More information about the AI and the Ministry's and CFIA's response is available: [Avian Influenza \(gov.bc.ca\)](http://avianinfluenza.gov.bc.ca) or [Avian influenza \(bird flu\) - Canadian Food Inspection Agency \(canada.ca\)](http://avianinfluenza.birdflu-canada.ca).

## Open letter to Elders and Survivors

58. We call upon the Pope to issue an apology to Survivors, their families, and communities for the Roman Catholic Church's role in the spiritual, cultural, emotional, physical, and sexual abuse of First Nations, Inuit, and Métis children in Catholic-run residential schools. We call for that apology to be similar to the 2010 apology issued to Irish victims of abuse and to occur within one year of the issuing of this Report and to be delivered by the Pope in Canada. **Truth and Reconciliation Commission Recommendations**

The Pope's visit may take place in late July and include several stops, with Iqaluit, Quebec City and Edmonton being under top consideration as the three locations that were part of the preliminary scout. Nonetheless, the locations and timing of Francis's visit have not yet been officially confirmed and are subject to change. (The Globe and Mail, April 29, 2022).

I lay awake at night, thinking about stuff. Ever since the Papal office announced a visit to Canada, I've been thinking about how to get our Elders/Survivors to the closest place he will be to witness whatever happens. To that end I've obtained quotes for a bus and accommodation if necessary and searched my budgets for the funding. I need your help though.

- I need to know how many Elders/Survivors are interested in attending. If you are interested, please let Val or myself know and we will start a list. Maximum capacity 52 persons.
- Are you okay with opening this opportunity up to other bands if we don't meet capacity? The bus costs the same.
- Even if Chief Casimir, is successful in getting the Pope to come to Kamloops would you still like to go to Edmonton?

I can't guarantee this will happen, but I'm sure going to try my best. Your help is much appreciated.

Respectfully,  
Diana Norgaard,  
Social Development Coordinator.

**Indigenous Skills Training and Employment Program (in partnership with Needs of the Community Society) is offering:  
What the "L" Workshop**

**DO YOU NEED  
HELP TO GET  
YOUR "L"  
LICENSE?**

**Lunch will be  
provided**

**DATE: JULY 23+24, 2022 AT 10:00 - 2:00  
LOCATION: MERRITT CIVIC CENTRE  
ROOM 1**

This workshop teaches participants the basics required to successfully pass the Learner's exam:

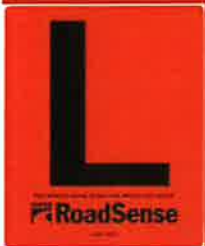
- Navigates through the Driver's Guide booklet step by step
- Highlights key points in each section
- Identifies useful clues in preparation for the exam
- Offers opportunities for participants to ask questions and learn through group discussions

**Basic Eligibility:**

- Must be 16 years old or older
- Must be of First Nations descent
- Currently unemployed or underemployed and reside in Merritt catchment area
- Hold 2 pieces of valid ID; 1 primary and 1 secondary
- Ability to complete ICBC parental consent form if under 19
- No outstanding fines with ICBC

Must be available to complete both sessions of the workshop

10 in-person seats are available-location will be in Merritt



If you are interested please send an email to the  
ISET Employment Counsellor Jody John at  
[counsellor@scwexmxtribal.org](mailto:counsellor@scwexmxtribal.org) or call 250-315-9465



# WILLS



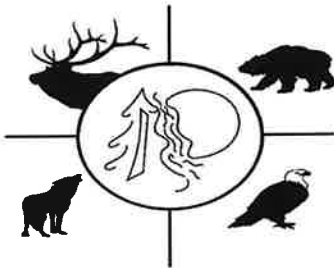
**I AM KRISTOPHER OPPENHEIM. I AM THE LANDS, WILLS, & ESTATES ADMINISTRATOR FOR THE COLDWATER INDIAN BAND.**

**IF ANYONE IS LOOKING TO DO THEIR WILLS. I CAN GIVE YOU A TEMPLATE OR YOU CAN COME IN AND FILL ONE OUT. IT IS BETTER TO HAVE ONE THEN NOT TO HAVE ONE. THIS WILL HELP YOU SAY WHO GETS WHAT AND HAPPENS AFTER YOUR GONE. IF YOU HAVE ANY QUESTIONS, YOU CAN GET A HOLD OF ME AT THE COLDWATER BAND OFFICE IN TOWN.**

**Call Band Office at (250) 378 - 6174**



**WHEN YOU HAVE EVERYTHING IN ORDER, YOU HAVE THE SAY ON WHAT HAPPENS TO YOUR ASSETS. NO ONE ELSE CAN TAKE YOUR POSSESSIONS!**



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May 11, 2022

## “Large Refuse Bin at old ball Field”

Coldwater band placed the bin for Earth Day and will be removing it shortly Coldwater has already filled three bins. The bin will be brought back in the Fall of 2022. This so that the Area doesn't become a dumping ground. If you have large items and you can't load in the bin the recycling crew will pick them up from your curb side.

Thank you  
Coldwater Indian Band

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**Coldwater Indian Band**  
**Recycling Crew New Hours**

Monday	Tuesday	Wednesday	Thursday	Friday
8:00 am – 4:00 pm Recycling	8:00 am – 4:00 pm Recycling Household	8:00 am – 4:00 pm Recycling	8:00 am – 4:00 pm Recycling Household	8:00 am – 4:00 pm Recycling

There is a Large BIN @ Coldwater Band Field for:

Household Items include: Fridges, Couches, Washing machines, Tires, Metal, Automotive oils, Plastics, Kitchen ware (Microwaves, toasters etc.), TV & electronics, Beds & furniture.

Please place garbage & recycling in bins PROVIDED by Coldwater Band!

Bag your GARBAGE, especially with Bears around!

Any small recycling can be put by your recycling Bin outside your house.

Thank you

Recycling Crew

# NICOLA CANOE PULL 2022

The Merritt First Nations Policing Section (RCMP) is planning its Annual Canoe Journey for the Nicola Valley. Our goal is to help build positive community relationships with the RCMP and surrounding aboriginal communities, the various organizations and the youth. The event will be held July 25-27, 2022. Monday will have an arrival time of 2pm, with dinner being served. Youth will camp Monday and Tuesday night at the Douglas Lake Camp site (located at the Old Kamloops Sailing club—Quilchena, BC).

Our vision is to support the future leaders of the Nicola Valley in a healthy active environment by supporting youth, being respectful, demonstrating cultural awareness, working together and having fun. This is being planned in partnership with TECK (Highland Valley Copper). With the planning assistance of Scw'exmx Community Health, Upper Nicola Indian Band, Lower Nicola Indian Band, Scw'exmx Child and Family and School District #58.

It will be held July 25-27, 2022. This event is for youth between the ages of 12 and 18 years. If you have any questions or wish to help, please contact Cst. Rose GRANT, Cst. Tracy DUNSMORE, Cst. Tammy DENNING or Cpl. Rick AIRD at the Merritt Detachment at 250-378-4262.



Highland Valley  
Copper

Teck





# **SD#58 ABORIGINAL EDUCATION CELEBRATION**

**DATE: May 25th, 2022**

**PLACE: Arbor, Lower Nicola Indian Band**

**TIME: 9:30 am - 2:30 pm**

**Special Performances:**

**Hoop Dancing**

**Powwow Dancing**

**Friendship Dance**



**Contact Person: Shelley Oppenheim**

**Email: [slacerte@365.sd58.bc.ca](mailto:slacerte@365.sd58.bc.ca)**

**or Phone: 250-315-5161**

